

Atlantic Summer Institute Takes Action on Youth Mental Health

Promoting Child & Youth Mental Health: Engaging All Generations
August 16-18, 2016 | Holland College, Charlottetown, PEI

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CHARLOTTETOWN, PEI – Atlantic Canadians are ready to take action on youth mental health. After a highly successful Symposium on Child and Youth Mental Health in Charlottetown that drew over 200 people last August, it was clear to organizers that these issues demand collective action to truly impact the lives of children and the health of communities.

ASI's 2016 program, *Promoting Child and Youth Mental Health: Engaging all Generations* will encourage collaboration between policy makers, health practitioners, researchers, caregivers, and most importantly, youth. ASI 2016 happens August 16-18 at Holland College in Charlottetown, PEI. Among the many topics to be addressed are social and emotional learning, First Nations mental wellness, and creating supportive school communities for youth.

Organizers are pleased to present two keynote speakers who are champions of mental health promotion for youth in Canada. **Ed Mantler, Vice President of Programs and Priorities at the Mental Health Commission of Canada**, will discuss mental health as the key to a healthy society during ASI's opening ceremony on Tuesday, August 16th. **Carol Hopkins, Executive Director of Ontario's Thunderbird Partnership Foundation**, will present a First Nations Mental Wellness Framework as a tool to improve the health of First Nations youth at the Opening Plenary on August 17th.



ASI's Youth Leadership Program for young people ages 18-25 returns for its third year, and is sponsored by the TD Bank Group. Deborah Mercer, Branch Manager TD Canada Trust, was especially pleased to have TD involved with ASI 2016, saying, "TD looks to invest its community giving dollars in programs and projects where youth can be engaged and can gain valuable life skills that will set them on a path to becoming leaders in our communities." Joining the sponsors of this year's program is the Mental Health Commission of Canada.

Interested participants are encouraged to register for ASI in advance, as last year's event sold out. ASI 2016 programming is presented in both official languages thanks to support from the Department of Canadian Heritage. To register for the 2016 Atlantic Summer Institute, visit www.asi-iea.ca.

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FOR MORE INFORMATION, PHOTOS & INTERVIEWS, CONTACT:

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