

ASI 2017 Symposium on Child & Youth Mental Health in Atlantic Canada

Youth Leadership Preliminary Program Outline – June 15, 2017

Sunday, August 20	
5:00 – 7:00	Youth Leadership Program Registration - Welcome & Introductions - Youth Program Keynote: Lee Thomas
7:30 – 9:30	Optional: Socializing & Board Games at Small Print Board Game Cafe
Monday, August 21	
8:00 – 12:00	Registration Open
9:30 – 12:00	Youth Leadership Program: Gender & Community Leadership Workshop 9:30 - Welcome & Introduction 10:00 - Exploring Leadership 10:15 - My Leadership Path – Arts-based activity, Reflection & Sharing 11:00 - Exploring Networks & Identifying Goals – Gain perspective, ideas and resources from others in the room to help you achieve your goals
12:00 – 1:15	Youth Lunch with ASI Board
1:30 – 4:00	Youth Leadership Program: Afternoon Roundtable Discussions 1:30 – 3:00 Roundtable presentations & discussion on youth-led projects 3:00 – 3:15 BREAK 3:15 – 4:00 Small group discussions / reflections / wrap-up
4:00 – 5:00	Orientation for Circle Keepers
5:00 – 6:30	Registration Open
6:30 – 9:00	Official Opening Remarks and welcome – Introduction to Call to Action Profile of Mental Health – Atlantic Canada Atlantic Community Showcase – 2 minute pitches

	<p>Keynote Address - <i>Think upstream - Are you ready for the promotion revolution?</i></p> <p>Reception and Displays - Atlantic Community Showcase</p>
Tuesday, August 22	
7:00 – 8:00	Morning Exercise (optional)
8:30 – 9:00	<p>Aboriginal Opening</p> <p>Welcome and Program Overview – Introduction to Call to Action, Writing Room and Flow of the Symposium</p>
9:00 – 10:00	<p>Opening Plenary / Panel</p> <p>What is evidence and its impact on mental health promotion policy and programs? (3-person panel)</p> <ol style="list-style-type: none"> 1. Research 2. Lived Experience 3. Best/Promising/Wise Practice
10:00 – 10:30	Mix & Mingle Break – Discussion of key concepts
10:30 – 11:00	Plenary: Agreement on key concepts
11:00 -11:30	Mapping our Networks
11:30 – 12:15	<p>Learning Circle #1</p> <ul style="list-style-type: none"> • <i>What are your hopes/objectives in attending the Symposium?</i> • <i>How do the concepts discussed this morning relate to the work you do?</i>
12:15 – 1:15	Lunch - Cafeteria
1:30 – 3:00	<p>Concurrent Sessions - <i>Conversations with Researchers</i></p> <p>5 thematic sessions 3 researchers per session, followed by discussion</p> <ul style="list-style-type: none"> • <i>What are the implications for policies and programs?</i>
3:15 – 4:00	<p>Learning Circle #2</p> <ul style="list-style-type: none"> • <i>What is one key lesson learned today that you can take home?</i>
4:00 – 5:30	<p>Mixed Media Networking Session - <i>Building a shared agenda, vision</i></p> <ul style="list-style-type: none"> • Discussion tables for like-minded groups, e.g., Francophone, Aboriginal, provincial, newcomer, etc. • Use of art, music, writing to create a vision • Refreshments, ice cream station, cash bar
6:30	Multicultural Dinner for all

Wednesday, August 23	
7:00 – 8:00	Morning Exercise (optional)
8:30 – 9:00	Announcements – Overview of today’s program and process for Call to Action
9:00 – 10:30	<p>Methods of moving evidence to action – Panel</p> <ul style="list-style-type: none"> • Knowledge translation tools • Social labs • Pathways to policy • Public engagement
10:30 –10:45	Break – take your refreshments to your concurrent session
10:45 – 12:00	<p>Concurrent sessions –</p> <p><i>Innovations in Atlantic Canada to promote child & youth mental health</i></p> <p>Group discussion –</p> <ul style="list-style-type: none"> • How are these innovations building on evidence? • What policies exist or are needed to support and expand these initiatives?
12:00 –12:45	Lunch
1:00 – 1:30	Learning Circle #3 - <i>What actions would you propose for Atlantic Canada (from your experience with evidence)?</i>
1:45-2:15	Plenary : Moving evidence to action in Atlantic Canada – A success story
2:15-2:30	Presentation: <i>Draft Call to Action</i>
2:30 – 3:00	Plenary Discussion – <i>Reflecting on Input from Learning Circles</i>
3:00 – 3:20	Closing speaker – challenge to Atlantic Canada!
3:20 – 3:35	Presentation: <i>Final Call to Action from the Writing Room</i>
3:30 – 4:00	<p>Closing:</p> <p>Youth Program presentation</p> <p>Children’s Program presentation</p> <p>Thank you and Evaluation</p> <p>Closing Circle / Aboriginal Closing</p> <p>Departure – Goodbye, friends!</p>