

August 21, 2018

Opening Panel

Convergence of current frameworks – addressing mental health as a whole society!

This moderated panel will discuss four frameworks that take a holistic approach in addressing mental health promotion. Considering the theory, strategies and cultural base on which the individual frameworks were developed, panelists will comment on the framework they use in relation to the common elements across these frameworks.

Through the panel discussion, ASI delegates will gain an understanding of how such frameworks can provide guidance to a whole society approach to child and youth mental health promotion, including how they may be useful in guiding future policy and programs.

Questions for the panelists to consider in their presentations:

1. *What elements of your framework are common to the other frameworks considered in the synthesis document, e.g., values, components?*
2. *How can this synthesis document guide us to the future?*

Round Table Discussions:

Following the panel presentations, Forum delegates will discuss the following questions and report one key point from each table back to the plenary session:

1. *What are the implications of these frameworks for promoting child and youth mental health?*
2. *How can you use this information in the design of policies, programs and practices to support and promote child and youth mental health?*
3. *How could this work on understanding frameworks fit into and advance the 2017 ASI Call to Action?*

Moderator:

Patsy Beattie-Huggan

President, The Quaich Inc.; ASI Coordinator

Patsy Beattie-Huggan, BN, MScN is the founder and President of The Quaich Inc., a PEI based health promotion and consulting company that provides innovative, client-centred, and comprehensive services across a diversity of sectors. She holds a Bachelor of Nursing from the University of New Brunswick and a MSc in Nursing and Health Studies from the University of Edinburgh, Scotland. Patsy has a broad background in nursing education and health system redesign, and is firmly committed to building capacity within communities. Her creative work in health promotion, including leadership to the development of the Circle of Health, has been widely recognized. She has served as consultant to many provincial, national and international projects, and has been instrumental in the delivery of the Atlantic Summer Institute on Healthy and Safe Communities. Patsy's commitment to contributing to the evolution of caring, compassionate communities has led her to explore innovative and collaborative approaches to working with organizations.



Panelists:

Pascale Mantoura

National Collaborating Centre for Healthy Public Policy (NCCHPP)

Pascale Mantoura is originally trained as an occupational therapist, with a master's degree in community health, and PhD level studies in public health (Healink to lth promotion). She has more than 15 years' experience in various public health practice environments, from field work in West Africa, various research environments in Quebec, to pan Canadian Knowledge exchange organizations, such as the National Collaborating Centre for Healthy Public Policy (NCCHPP). Her interests and expertise are in health promotion, mental health promotion, health inequalities, and participatory practices. At the NCCHPP she has focused for the last 5 years on population mental health and inequalities in health.



Ambassador Fredrick Wangabo Mwenengabo

Executive Director, East and Central African Association for Indigenous Rights

Fredrick Wangabo Mwenengabo is a Canadian peace and civil rights advocate of Congolese origin. He was given the title of "Ambassador" by the United Nations for his work with the UN, and has twice been nominated for the Nobel Peace Prize. He is the founder and Executive Director of the East and Central African Association for Indigenous Rights (ECAAIR). Amb. Mwenengabo represents civil society organizations working for democracy, peace, mental health and development at the United Nations, and he is an observer at both the European Union and African Union. He is currently the Co-chair of the Atlantic Council for International Cooperation (ACIC), he is a member of the Fredericton Police Cultural Diversity Advisory Committee and he serves on the Local Immigration Partnership of Fredericton (LIPF).



Amb. Mwenengabo shares a passion for and works alongside mental health experts to aid youth and children in gaining resilience, acceptance, self-awareness and mental wellbeing both in Canada and the Democratic Republic of Congo. Frederick believes that our youth are our future leaders of change and it is up to us to help them develop skills and maintain an overall healthy and balanced wellbeing providing them a path for positive change.

Christian Whalen

Deputy Advocate and Senior Legal Counsel, Office of the Child and Youth Advocate for New Brunswick

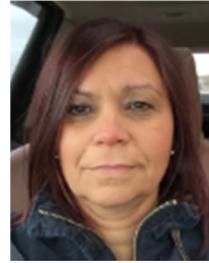
Christian is a lawyer with over 20 years' service in the public sector in the area of human rights, children's rights and access to justice. He was the founding chairperson of the national Children's Law Committee of the Canadian Bar Association. He is the ACCESS- Open Minds NB site lead for the national ACCESS Open Minds youth mental health research program and a past recipient of the Child Rights Champion Award of the Canadian Coalition for Rights of the Child and of the CBA's John Tait award for pre-eminent service by a public sector lawyer in Canada.



Brenda Restoule

Co-chair, Thunderbird Partnership Foundation; Chair, First Peoples Wellness Circle

Dr. Brenda M Restoule (Waub Zhe Kwens) is from Dokis First Nation (Ojibwa) and from the Eagle Clan. She is a registered clinical psychologist who received her training from The University of Western Ontario and Queen's University. Dr. Restoule is the chair of the First Peoples Wellness Circle which is an Indigenous led national organization dedicated to raising the profile of Indigenous mental wellness using Indigenous knowledge and evidence. Her work spans from providing clinical and consulting services to First Nations communities in Anishinabek territory to consultation with provincial and federal governments on Indigenous mental wellness. Dr. Restoule is a co-chair with the Thunderbird Partnership Foundation, the Assembly of First Nations and First Nation and Inuit Health Branch on the development and implementation of the First Nation Mental Wellness Continuum Framework.



Dr. Restoule provides some of her time as the Indigenous consultant to Ontario's School Mental Health Assist where she provides guidance and capacity building to improve wellness for Indigenous students in the provincial school system. She is an invited trainer and speaker to regional, national and international events and has authored book chapters and training manuals pertaining to Indigenous mental health and wellness. Some of Dr. Restoule's past work experience includes Prison for Women and the Royal Commission on Aboriginal Peoples. She has particular interest in cultural safety, Indigenous community development and capacity building, and reducing suicide rates in First Nation communities using Indigenous knowledge and practices.