

August 20, 2019

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## Opening Panel

### *Exploring Spaces and Places for Mental Health*

Panelists will speak to the impact of social, virtual and physical environments (built and natural) on child and youth wellbeing – each panelist with a particular focus. As each environment is explored for its impact, Forum participants will be equipped with information they can debate and discuss in as they apply it to various settings in a World Café that follows.

#### Moderator:

##### **Dr. Trevor Hancock**

Professor and Senior Scholar (retired), School of Public Health and Social Policy, University of Victoria

Dr. Trevor Hancock is a public health physician and health promotion consultant and retired last year from his position as a Professor and Senior Scholar at the School of Public Health and Social Policy at the University of Victoria. His main areas of interest are population health promotion, the links between health and global ecological change in the Anthropocene, healthy cities and communities, public health, healthy public policy, healthy and 'green' hospitals, health policy and planning, and health futurism. He is one of the founders of the (now global) Healthy Cities and Communities movement, originated the term 'healthy public policy', and has been described as "one of the ten best health futurists in the world".



He was a Senior Editor for the Editorial Board of the Canadian Journal of Public Health from 2014 to 2018 and in 2015 was invited to join the Editorial Board for a new Journal, Cities and Health. Since December 2014 he has written a regular weekly column on population and public health for the Times Colonist, the daily newspaper in Victoria.

He was made an Honorary Life Member of the Canadian Public Health Association in 1990 and an Honorary Fellow in the UK's Faculty of Public Health in 2015. In 2017 he was awarded the R.D. Defries Award, the CPHA's highest award, presented for outstanding contributions in the broad field of public health, as well as a Lifetime Contribution Award from Health Promotion Canada.

#### Panelists:

##### **Erika Michaud**

Interim Executive Director, Fédération des femmes acadiennes en Nouvelle-Écosse; ASI Board member

Erika Michaud is the Interim Executive Director of the Fédération des femmes acadiennes en Nouvelle-Écosse and an ASI Board member. She has a diploma in delinquency intervention techniques from New Brunswick Community College and a diploma in social work from Laurentian University in partnership with Saint-Anne University. Erika has been working as a community social worker for over a year.

Interested mainly in the situation of Acadian and Francophone women in Nova Scotia and the promotion of the French language in minority situations, Erika is very focused on the new vision of feminism in Acadie. She works

to preserve the history of Acadian and Francophone women of the province, foster an active offer of French services and promote active participation in the community of young Acadians and Francophones.

### **Kathryn Ann Hill**

Executive Director, MediaSmarts

Kathryn is the Executive Director of MediaSmarts, Canada's national, bilingual, not-for-profit centre for digital and media literacy. MediaSmarts is dedicated to conducting research and developing evidence informed resources, to help children and youth, parents and educators, and all citizens safely and wisely navigate the digital world. Kathryn has extensive experience as a senior leader in the voluntary sector; she has a Masters of Social Work (1992) from Carleton University, and a Master of Management Degree (2003) from McGill University. Her commitment to social justice has resulted in a career of over 25 years of service in the voluntary sector, serving in senior leadership roles at the Ottawa Rape Crisis Centre, United Way Canada, HealthPartners Fund, Family Services Ottawa where she also led a multimillion dollar social enterprise, FSEAP Ottawa.



### **Inge Rosendaal**

Planner and Program Development Officer, Ottawa Public Health

Inge Rosendaal is a registered professional planner with a Masters in Urban and Regional Planning, and over 15 years of public health experience. She is a Planner and Program Development Officer with Ottawa Public Health, where her work includes advancing strategic partnerships and healthy built environments. Inge has been an adjunct professor at Queen's University School of Urban and Regional Planning and was a member of the Canadian Institute of Planner's Healthy Communities Committee, which developed a national policy for healthy community planning. Inge was also involved in the establishment and implementation of the national Healthy Canada by Design initiative, which sought to build capacity across the country for fostering inter-disciplinary healthy urban planning. Inge is experienced in the development of healthy public policy, evidence-informed decision making and establishing partnerships on innovative, inter-sectoral projects. Inge is a lifelong advocate of linking community design and vitality with people's health and well-being.



### **Ashlee Cunsolo**

Director, Labrador Institute, Memorial University of Newfoundland

Ashlee Cunsolo, PhD, is the Director of the Labrador Institute of Memorial University, a former Canada Research Chair (Tier II), and a member of the Royal Society of Canada College of New Scholars, Artists, and Scientists. She is a passionate researcher, environmental advocate, and community-engaged social science and health researcher working at the intersection of place, culture, health, and environment. For over a decade, she has been working with Indigenous communities and leaders across Canada on a variety of community-led and community-identified research initiatives, including climate change impacts on physical and mental health, cultural reclamation and intergenerational knowledge sharing within a changing environment, and environmental grief and mourning. In particular, her work in partnership with Inuit in Nunatsiavut on climate change and mental health have become seminal studies globally, and her praxiological contributions on ecological grief and mourning have been



widely recognized. She is a contributing author to the IPCC AR6 North America Chapter, and a Lead Author on the Natural Resources Canada and the Health Canada Climate Change Assessment Reports.

**Video: Lament for the Land (TEDxCapeBreton)** by Ashlee Cunsolo <https://youtu.be/eN9z-E9u9Vg>

*Climate change is a deeply personal issue for many people, and we need to listen to and value the expertise of those who are experiencing changes. This film beautifully illustrates the voices and lived experiences of people in Nunatsiavut, and highlights the interconnection between humans and more-than-humans. Making this film was one of greatest privileges of my life, and a true honour to work with people on this film. We had over 150 people in Nunatsiavut provide feedback on various drafts of the film, from the storyline to the music, to the quotes chosen. Enjoy, and please reach out with any questions. [www.lamentfortheland.ca/film](http://www.lamentfortheland.ca/film)*