



## ASI 2022 Forum - Preliminary Program

Designed as a hybrid event – all sessions will be in person and available online  
 August 22-24, 2022  
 Holland College, Charlottetown, PEI

All times listed in Atlantic Daylight Time (ADT)

*Presentations will be made in both French and English, and simultaneous interpretation will be provided for many sessions.*



### Monday, August 22

On your own time	View the video – Finding the Mother Tree – Suzanne Simard
9:30 – 3:00	<b>Youth Leadership Program</b> – (registered youth delegates only)
6:30 – 8:30	<p><b>OFFICIAL OPENING</b>  <b>Welcome and land acknowledgement</b> – Malcolm Shookner, ASI President  <b>Welcome Song</b> - Julie Pellissier-Lush, Traditional Knowledge Keeper PEI Poet Laureate  <b>Remarks</b> by Officials, Sponsors</p> <p>Highlights from <i>ASI Online provincial workshops</i> – Malcolm Shookner, ASI President</p> <p><b>Atlantic Community Showcase</b>          Videos showcasing 5 initiatives that are influencing and/or demonstrating upstream policy for infant, child and youth mental health promotion. These presentations will be available throughout the Forum on the exhibit page and as exhibits at Holland College.</p> <p>*Showcases will be announced soon</p> <p><b>Keynote - Building Global Momentum for a Well-Being Society</b>          A Conversation with <b>Ilona Kickbusch</b> interviewed by Trevor Hancock</p> <p>Ilona Kickbusch is the Director of the Global Health Programme at the Graduate Institute of International and Development Studies, Geneva, Switzerland. She has had a distinguished career with the World Health Organization, at both the regional and global levels, and was responsible for the Ottawa Charter for Health Promotion, developed the “settings” approach and initiated programmes such as Healthy Cities, health-promoting schools, healthy workplaces, health-promoting hospitals and health in prisons. She also initiated WHO’s Health Behaviour in School-aged children (HBSC) Study, published and advised widely on health in all policies (HIAP) approaches and is considered one of the global leaders in this field.</p> <p><i>Note: Q&amp;A will be moderated in the chat followed by Closing Reception and Networking Opportunity</i></p>

## Tuesday, August 23

9:00 – 9:45	<b>Youth Learning Circles – bring your coffee</b>
10:00 – 10:30	<b>Coffee and networking</b> – All participants will connect online through Whova (Note that a firewall may exist on government devices – We advise using a personal device)
10:45 – 11:00	<b>Morning Welcome</b> Julie Pellissier-Lush, Traditional Knowledge Keeper for L'nuey, the Epekwitk Mi'kmaq-rights initiative and PEI Poet Laureate
11:00 – 12:15	<p><b>Opening Plenary - <i>Making the Connections – People, culture, nature</i></b> In keeping with the theme of ASI 2022, <i>Together Again: Regenerating the Power of Connection</i>, the opening plenary will advance our understanding of the importance of connections with family, community, place and nature to the mental health of infants, children, youth and societal well-being.</p> <p><b>Moderator:</b> Dr. Gaynor Watson-Creed, Assistant Dean, Serving and Engaging Society, Dalhousie University</p> <p><b>Speakers:</b></p> <ol style="list-style-type: none"> <li>1. <b>Kristyn Anderson</b>, PhD (c), RSW, RMFT is a clinical social worker and Integrated Service Regional Coordinator for the Western Zone of Nova Scotia. As one of the authors of Nova Scotia's <i>One Chance to be a Child</i> report, Kristyn will share the importance of engaging youth in research, the necessity of featuring first voice contributions, and focus on the <i>Do We Belong/Are we Protected</i> chapter of the One Chance to be a Child report.</li> <li>2. <b>Dr. Shannon Waters</b>, Medical Health Officer for the Cowichan Valley Region at Island Health – Vancouver Island Health Authority approaches healing holistically, and fully embraces bridging Indigenous and "Western" worldviews while promoting, protecting and advocating for health in her home territory, the Cowichan Valley region. Central to her approach is that HOPE underpins the mental health and resilience that our children and future generations will need to thrive in the uncertainty of our changing environment.</li> </ol>
12:15-13:15	<b>Lunch Break - Networking - Music – Be active!</b>
13:15-15:00	<p><b>Youth Panel – <i>The Power of Connection</i></b> This panel will explore the perspectives of youth on the power of connection and how connection with each other, our families, communities, society at large and nature can impact youth in various ways. If we view “power as the ability to achieve purpose” (Dr. Martin Luther King, Jr.,1966), the panel will consider various means of connection: with older generations, communities and nature – local and global – to achieve purpose.</p> <p><b>Moderator</b> – Tyler Simmonds, Film maker, mental health activist, ASI Board Member</p> <p><b>Youth Panel – <i>Personal Reflections on the power of connection and its impact on youth</i></b></p> <ol style="list-style-type: none"> <li>1. Calen Sack – Sipekne'katik, Indian Brook Reservation - BIPOC Educator</li> <li>2. Kardeisha Provo – N Preston, NS - Documentary film maker, BLM activist</li> </ol>

	<p>3. Dionne Robiannes – Imagine NB – Multicultural activist</p> <p>*Other panelists to be confirmed</p>
14:30 –1500	<p><b>Round tables</b> – Lesley Dyck</p> <p>If we view Power as the ability to achieve purpose:</p> <ul style="list-style-type: none"> <li>• How do communities find their power to connect and define their purpose?</li> <li>• What connections are required to influence change for a more equitable, well-being society?</li> </ul>
15:00 – 15:30	<p><b>Break - Networking - Music – Be active!</b></p> <p>Visit exhibits, time for journaling, chatting, meeting on community board, posting on social media – and movement!</p>
15:30-17:00	<p><b>Concurrent workshops – Skill development Workshops</b> - some of which are offered again the next day.</p> <p>Workshops will enhance skills that support implementation of the ASI Policy Brief – <i>Investment Upstream – putting infant, child and youth mental health promotion at the forefront</i>. Participants will learn from real life experiences and evidence-informed approaches how to mobilize a health in all policies approach, build intersectoral networks, have a voice at the policy table, advocate for policy change and use evidence to promote population child and youth mental health through the life course.</p> <ol style="list-style-type: none"> <li>1. Child rights impact assessment - Christian Whalen – NB</li> <li>2. Inspiring Change - Inspiring Communities – NS</li> <li>3. Building a network of networks: HPC &amp; intersectoral action on the social determinants of health — Lesley Dyck, Health Promotion Canada</li> <li>4. Advocacy for policy change - Increasing the Indigenous Voice – No Child Left Behind – NB (Invited)</li> <li>5. Policy development and coalition building for a newer audience – MHCC</li> <li>6. Applying tools for use across age groups to dig down into community issues to achieve community well-being – Linda Liebenberg &amp; Moe Green</li> <li>7. Moving to Action Together - Intersectoral Action on Poverty Reduction – (Invited)</li> <li>8. HalifAct Climate Action Plan – Citizen engagement in advancing policy – (Invited)</li> <li>9. Implementing SEL in provincial policy - Lessons learned from NL &amp; BC (TBC)</li> </ol>
17:00-17:30	<p><b>Coffee and networking</b> – All participants will connect online through Whova (Note that a firewall may exist on government devices – We advise using a personal device)</p>
18:30 – 20:30	<p><b>Multicultural Meal – Location to be confirmed</b></p>

## Wednesday, August 24

<b>9:00 – 9:45</b>	<b>Youth Learning Circles – bring your coffee (Youth Leadership Program)</b>
<b>10:00 – 10:30</b>	<b>Coffee and networking</b> – All participants will connect online through Whova (Note that a firewall may exist on government devices – We advise using a personal device)
<b>10:45 – 11:00</b>	<b>Welcome and announcements</b> Julie Pellissier-Lush, Traditional Knowledge Keeper for L'nuey, the Epekwitk Mi'kmaq-rights initiative and PEI Poet Laureate
<b>11:00 – 12:15</b>	<b>Knowledge to Action – ASI Policy Brief</b> In keeping with the theme of ASI 2022, this plenary will focus on <i>Knowledge to Action – ASI Policy Brief</i> . We will begin with an update on the policy brief since its launch in March. Followed by an overview of the national direction in implementing Health in All Policies.  Moderator: David French, A Way Home Canada (invited) <ul style="list-style-type: none"> <li>• Update on status of ASI Policy Brief – Malcolm Shookner, ASI</li> <li>• National Direction on Health in All Policies – Nicole Bernier, <a href="http://ncchpp.ca">ncchpp.ca</a></li> <li>• Next steps</li> </ul>
<b>12:15-13:15</b>	<b>Lunch Break - Networking - Music – Be active!</b> Visit exhibits, time for journaling, chatting, meeting on community board, posting on social media – and movement!
<b>13:15 – 14:45</b>	<b>Concurrent workshops – Skill development</b> Selected workshops repeated from August 23.
<b>14:45-15:15</b>	<b>Break - Networking - Music – Be active!</b> <i>Visit exhibits, time for journaling, chatting, meeting on community board, posting on social media – and movement!</i>
<b>15:15 – 16:30</b>	<b>Collaborative Leadership for a Well-being Society</b> This moderated panel will explore how levels of governance can work together to create policies and programs that advance child and youth mental being in a wellbeing society. How do we implement the strategies of the Geneva Charter for Well-Being? How does this direction connect with the ASI Policy Brief? How do we learn together and co-design our work locally?  Moderator – Jim Mustard, Raising the Villages, Cape Breton, Nova Scotia (Invited) Panelists to be confirmed
<b>16:30-16:45</b>	<b>Key Messages of ASI 2022</b> - Malcolm Shookner, ASI President  <i>What have we learned together?</i>  <b>Continuing the Dialogue</b> - Through an evaluation process, we will gather your reflections and insights and for action on upstream investment in mental health promotion in Atlantic Canada and beyond.
<b>16:45 – 17:00</b>	<b>Closing</b> <ul style="list-style-type: none"> <li>• Children’s Message</li> </ul>

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|  | <ul style="list-style-type: none"><li>• Youth reflection</li><li>• Closing Song - Julie Pellissier-Lush, Traditional Knowledge Keeper for L'nuey, the Epekwitk Mi'kmaq-rights initiative and PEI Poet Laureate</li></ul> |
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