

August 21, 2018

Video

How can existing frameworks support addressing mental health as a whole society?

ASI 2018 aims to build on existing evidence, overarching frameworks, and strategies to move forward in promoting mental health in Atlantic Canada. A number of different frameworks exist that underlie and inform the work of partners in child and youth mental health across the region. This short video provides a brief introduction to how some of these frameworks can be useful in mental health promotion efforts.

Alongside the *Comparing Frameworks* discussion paper and links to frameworks and resources provided in advance of the event, this video is intended to help provide context for the Aug 21 Opening Panel: *Convergence of current frameworks – addressing mental health as a whole society!*

Creator Bios

Brandi Bell is Assistant Director of the Young Lives Research Lab at the University of Prince Edward Island and coordinates a variety of projects and initiatives focused on youth mental health. These include qualitative Patient Journeys research (Atlantic Canada Children's Effective Service Strategies - Mental Health [ACCESS-MH]) and evaluating the scale-up of Social and Emotional Learning in Atlantic Canada (Socially and Emotionally Aware Kids [SEAK] and SEL in First Nation Schools: Evaluating Scale-Up in New Brunswick). She holds a PhD in Communication Studies from Concordia University.

Sarah Gallant completed her Masters in Applied Health Services Research at UPEI in 2017. Her experiences working on the longitudinal ACCESS-MH project influenced her interest in exploring themes of empowerment in youth and parent's mental health journeys across Atlantic Canada.

Valerie Campbell is a PhD Candidate in the Faculty of Education at UPEI and a Project Manager in the Young Lives Research Lab. Her areas of interest include ethics in research with youth in the digital age and digital storytelling.